

# Chesapeake Elementary Lunch Menu - FEBRUARY



## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk

*\*Students must choose at least one fruit or*



## Fresh Fruits and Vegetables Offered Daily

Calvin the calf wants to remind you about the importance of eating your fruits and vegetables!



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

This institution is an equal opportunity provider

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pulled Pork BBQ on a Bun Split Peas Strawberries Low Fat Milk Alternative Option - Cheeseburger	2 Cook's Choice Broccoli Pineapple Tidbits Low Fat Milk  Alternative Option - Pizza
	5 Chicken Tenders with Waffle Combo French Fries Diced Peaches Low Fat Milk  Alternative Option – Mini Corn Dogs	6 Chicken Alfredo Carrots Fresh Fruit Salad Low Fat Milk  Alternative Option – Chicken Nuggets	7 Turkey & Cheese Wrap Garden Salad with Romaine Applesauce Low Fat Milk  Alternative Option -Bosco Stick	8 Beef Walking Taco with Diced Tomato, Shredded Lettuce Spanish Rice Refried Beans Blueberries Low Fat Milk Alternative Option – Wowbutter & Jelly Sandwich	9 Cook's Choice Peas Peach Crisp Low Fat Milk  Alternative Option – Pizza
	12 BBQ Grilled Chicken on a Bun Green Beans Mixed Fruit Low Fat Milk Alternative Option – Hot Dog with Sauce on Bun	13 Cheeseburger French Fries Fruit Salad Low Fat Milk  Alternative Option – Peanut Butter Sandwich	14 Spaghetti with Meat Sauce Garden Salad with Romaine Garlic Bread Mixed Fruit Low Fat Milk Alternative Option – Bosco Sticks	15 Pulled Pork BBQ on a Bun Split Peas Strawberries Low Fat Milk Alternative Option - Cheeseburger	16 NO SCHOOL
	19 NO SCHOOL PRESIDENT'S DAY	20 Chicken Alfredo Carrots Fresh Fruit Salad Low Fat Milk  Alternative Option – Chicken Nuggets	21 Turkey & Cheese Wrap Garden Salad with Romaine Applesauce Low Fat Milk  Alternative Option -Bosco Stick	22 Beef Walking Taco with Diced Tomato, Shredded Lettuce Spanish Rice Refried Beans Blueberries Low Fat Milk Alternative Option – Wowbutter & Jelly Sandwich	23 Cook's Choice Peas Peach Crisp Low Fat Milk  Alternative Option – Pizza
	26 BBQ Grilled Chicken on a Bun Green Beans Mixed Fruit Low Fat Milk Alternative Option – Hot Dog with Sauce on Bun	27 Cheeseburger French Fries Fruit Salad Low Fat Milk  Alternative Option – Peanut Butter Sandwich	28 Spaghetti with Meat Sauce Garden Salad with Romaine Garlic Bread Mixed Fruit Low Fat Milk Alternative Option – Bosco Sticks	29 Pulled Pork BBQ on a Bun Split Peas Strawberries Low Fat Milk Alternative Option - Cheeseburger	1 Cook's Choice Sweet Potatoes Pineapple Tidbits Alternative Option - Pizza

