# Ohio Department of Education Office of Nutrition National School Lunch Program

# SCHOOL MEAL APPLICATION AND SHARING OF APPLICATION INFORMATION FORMS for the 2023-2024 Program Year

#### Instructions for School Districts

This packet contains:

**Required** information that *must* be provided to households:

- Letter to households
- Free and reduced-price school meals application
- Notice to households of approval/denial of benefits<sup>1</sup>

**Optional** application-related materials that *may* be provided to households:

- Sharing Information with Medicaid and Healthy Start, Healthy Families
- Sharing Information with other programs

**Optional** application-related materials that *may* be posted at the school:

 Healthy Start, Healthy Families flyer informing households of the opportunity to apply for free health care coverage

Pages are designed to be printed on  $8\frac{1}{2}$ " by 11" paper. Some pages may be printed front and back. You will need to identify the benefits that are offered in your school, such as afterschool snacks.

Highlighted brackets indicate fields where applicants should insert school district specific information. If you make additional changes, you must submit your application package to the Ohio Department of Education, Office of Nutrition for approval.

This prototype application package includes information regarding the exclusion of housing allowance for those in the Military Housing Privatization Initiative. If this is not pertinent to your school district, please modify as appropriate.

Please contact our office with any questions.

Ohio Department of Education
Office of Nutrition
25 South Front Street, Mail Stop 303
Columbus, Ohio 43215
(800) 808-6325
child.nutrition@education.ohio.gov

<sup>1</sup> All households must be notified of their child's eligibility status and provide eligible children their benefits within 10 operating days of receipt of the application. Households with children who are denied benefits must be given written notification of the denial. The notification must advise the household of the reason for the denial of benefits, the right to appeal, appeal instructions and a statement that the family may reapply for free and reduced-price meal benefits at any time during the school year. Households with children approved for free or reduced-price benefits may be notified in writing or verbally.

Last Revised: March 2023 NDS

#### Frequently Asked Questions About Free and Reduced-Price School Meals

#### Dear Parent/Guardian:

Children need healthy meals to learn. Chesapeake Union Exempted Village School District offers healthy meals each school day. Breakfast costs \$0.00 and lunch costs \$2.90. Your children may qualify for free meals or for reduced-price meals. Reduced price is at no cost this year for breakfast and for lunch. This packet includes an application for free or reduced-price meal benefits and detailed instructions. Below are some common questions and answers to help you with the application process.

1. Who can receive free or reduced-price meals? All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP) or Ohio Works First (OWF); foster children that are under the legal responsibility of a foster care agency or court; children participating in their school's Head Start program; and children who meet the definition of homeless, runaway, or migrant are eligible for free meals. Also, your children may receive free or reduced-price meals if your household's income is within the federal income eligibility guidelines limits.

INCOME ELIGIBILITY GUIDELINES 2023-2024									
Household size	Yearly	Monthly	Weekly						
1	\$26,973	\$2,248	\$519						
2	36,482	3,041	702						
3	45,991	3,833	885						
4	55,500	4,625	1,068						
5	65,009	5,418	1,251						
6	74,518	6,210	1,434						
7	84,027	7,003	1,616						
8	93,536	7,795	1,799						
Each Additional Person:	9,509	793	183						

- 2. How do I know if my children qualify as homeless, migrant or runaway? If members of your household lack a permanent address; are staying together in a shelter, hotel or other temporary housing arrangement; relocate on a seasonal basis or; children live with you who have chosen to leave their prior family or household then the children may qualify as homeless, migrant or runaway. If you have not been told your children will receive free meals, please call or email 10183 County Rd 1 Chesapeake, OH 45619 740-867-3135 to see if they qualify.
- 3. **Do I need to fill out an application for each child?** No. Use <u>one</u> free and reduced-price school meal application for <u>all</u> students in your household. We cannot approve an application that is not complete. Please submit all required information. **Return the completed application to Chuck Edwards 10183 Co Rd 1 Chesapeake, OH 45619 740-867-3135**
- 4. Should I complete an application if I received a letter this school year saying my children are approved already for free meals? No, but please read the letter carefully and follow the instructions. If any children in your household were missing from the eligibility notification, Chuck Edwards 10183 Co Rd 1 Chesapeake, OH 45619 740-867-3135, immediately.
- 5. Can I apply online? Yes. If possible, you are encouraged to complete an online application instead of a paper application. The online application requirements are the same and will request the same information as the paper application. Visit <a href="https://www.peake.k12.oh.us">www.peake.k12.oh.us</a> to begin or to learn more about the online application process. Contact Chuck Edwards, 10183 Co Rd 1 Chesapeake, OH 45619 740-867-3135 with any questions about the online application.
- 6. **My child's application was approved last year. Do I need to complete another application?** Yes. Your child's application is valid for that school year and for the start of this school year. You are required to submit a new application unless the school notified you that your child is eligible for the new school year.
- I receive Women, Infants and Children (WIC) benefits. Can my child(ren) get free meals? Children in households participating in WIC may be eligible for free or reduced-price meals. Please submit a completed application.

- 8. Will the information I give be checked? Yes, we also may ask you to send written proof.
- 9. **If I do not qualify now, may I apply later?** Yes. You may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit.
- 10. What if I disagree with the school's decision about my application? You should talk to school officials. You also may ask for a hearing by calling or writing to the following contact person: Doug Hale, Superintendent 10183 Co Rd 1 Chesapeake, Ohio 45619 740-867-3135
- 11. **May I apply if someone else in my household is not a U.S. citizen?** Yes. You or your child(ren) do not have to be a U.S. citizen to qualify for free or reduced-price meals.
- 12. What if my income is not always the same? List the amount that you normally receive. For example, if you normally make \$1,000 each month, but you missed some work last month and only made \$900, submit the report with the routine amount of \$1,000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 13. What if some household members have no income to report? Household members may not receive some types of income that are asked for you to report on the application or may not receive income at all. When this happens, please write a 0 in the corresponding field. However, if any income fields are left empty or blank, those also will be counted as zeroes. Please be careful when leaving income fields blank.
- 14. We are in the military. Do we report our income differently? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it also must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment also is excluded from income.
- 15. What if there is not enough space on the application for my family? List any additional household members on a separate piece of paper and attach it to your application. Contact Chuck Edwards, 10183 Co Rd 1 Chesapeake, OH 45619 740-867-3135 to receive a second application.
- 16. Why am I being asked to give my consent for an instructional fee waiver? Ohio public schools are required to waive the school instructional fees for children that quality for free meal benefits. School food service personnel must have parent consent to share the student meal application if your child(ren) quality for a fee waiver. If you agree to allow your child(ren)'s meal application to be shared with school officials to see if they qualify for a fee waiver then select yes in part 5. If you do not wish for that information to be shared, then select no in part 5. Answering no to this question will mean your child will not be considered for a fee waiver. Answering this question either way will not change your child(ren)'s free or reduced-price meal eligibility.
- 17. My family needs more help. Are there other programs we might apply for? To find out how to apply for Ohio Supplemental Nutrition Assistance Program (SNAP) or other assistance benefits, contact your local assistance office or call 877-852-0010.

If you have other questions or need help, call **704-867-3135**Si necesita ayuda, por favor llame al teléfono**704-867-3135**Si vous voudriez d'aide, contactez nous au numero: **704-867-3135** 

Sincerely,
Chuck Edwards
Director of Food and Nutrition
The Nutrition Group

#### INSTRUCTIONS FOR APPLYING

#### A household member is any child or adult living with you.

### IF YOUR HOUSEHOLD RECEIVES BENEFITS FROM THE SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) OR OHIO WORKS FIRST (OWF), FOLLOW THESE INSTRUCTIONS:

- Part 1: List all household members and the school name and grade level for each child.
- Part 2: List the 7-digit case number for any household member (including adults) receiving SNAP or OWF benefits.
- Part 3: Skip this part.
- Part 4: Skip this part.
- **Part 5:** Answer yes or no and sign your name if you would like the application to be checked by school officials to determine if the child(ren) qualifies for a school instructional fee waiver.
- Part 6: Sign the form. The last four digits of a Social Security Number are not necessary.
- Part 7: We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced-price meals.

### IF NO ONE IN YOUR HOUSEHOLD RECEIVES SNAP OR OWF BENEFITS AND IF ANY CHILD IN YOUR HOUSEHOLD IS HOMELESS, MIGRANT OR RUNAWAY, FOLLOW THESE INSTRUCTIONS:

- Part 1: List all household members and the school name and school grade level for each child.
- Part 2: Skip this part.
  - 18. Part 3: If any child you are applying for is homeless, migrant, or a runaway, check the appropriate box and call 10183 Co Rd 1 Chesapeake. Ohio 45619 740-867-3135. If not, skip this part.
- Part 4: Complete only if a child in your household is not eligible under Part 3. See Instruction for all other households.
- **Part 5:** Answer yes or no and sign your name if you would like the application to be checked by school officials to determine if the child(ren) qualifies for a school instructional fee waiver.
- Part 6: Sign the form. The last four digits of a Social Security Number are not necessary if you did not need to complete in part 4.
- Part 7: We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced-price meals.

#### IF YOU APPLY FOR A FOSTER CHILD, FOLLOW THESE INSTRUCTIONS:

#### If all children in the household are foster children:

- Part 1: List all foster children and the school name and grade level for each child. Check the box that indicates the child is a foster child.
- Part 2: Skip this part.
- Part 3: Skip this part.
- Part 4: Skip this part.
- Part 5: Answer yes or no and sign your name if you would like the application to be checked by school officials to determine if the child(ren) qualifies for a school instructional fee waiver.
- Part 6: Sign the form. The last four digits of a Social Security Number are **not** necessary.
- Part 7: We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced-price meals.

#### If some children in the household are foster children:

- Part 1: List all household members and the school name and school grade level for each child. For any person, including children, with no income, you must check the "No Income" box. Check the box if the child is a foster child.
- Part 2: If the household does not have a 7-digit SNAP or OWF case number, skip this part.
  - 19. Part 3: If any child you are applying for is homeless, migrant, or a runaway check the appropriate box and 10183 Co Rd 1 Chesapeake, Ohio 45619 740-867-3135 If not, skip this part.

Part 4: Follow these instructions to report total household income from this month or last month.

- Box 1-Name: List all household members with income.
- Box 2 –Gross Income and how often it was received: For each household member, list each type of income received for the month. Check the appropriate box to note how often the person receives the income weekly, every other week, twice a month, or monthly. For earnings, list the gross income not the take-home pay. Gross income is the amount earned *before* taxes and other deductions and can be found on pay stubs. For other income, list the amount and check the box to note how often each person received assistance from welfare, child support, alimony, pensions, retirement, Social Security, Supplemental Security Income (SSI), Veteran's benefits (VA benefits), and disability benefits. Under *All Other Income*, list Worker's Compensation, unemployment or strike benefits, regular contributions from people who do not live in your household and any other income. Do not include income from SNAP, FDPIR, WIC, federal education benefits and foster payments received by the family from the

placing agency. For ONLY the self-employed, report income after expenses under *Earnings from Work*. This is for your business, farm, or rental property. If you are in the Military Privatized Housing Initiative or receive combat pay, do not include these allowances as income.

**Part 5:** Answer yes or no and sign your name if you would like the application to be checked by school officials to determine if the child(ren) qualifies for a school instructional fee waiver.

Part 6: Adult household member must sign the form and list the last four digits of their Social Security Number (or mark the box if he or she does not have one).

Part 7: We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced-price meals.

#### ALL OTHER HOUSEHOLDS (INCLUDING WIC HOUSEHOLDS) FOLLOW THESE INSTRUCTIONS:

- Part 1: List all household members and the school name and grade level for each child. For any person, including children, with no income, you must check the "No Income Box."
- Part 2: If the household does not have a 7-digit SNAP or OWF case number, skip this part.
  - 20. Part 3: If any child you are applying for is homeless, migrant, or a runaway check the appropriate box and call 10183 Co Rd 1 Chesapeake, Ohio 45619 740-867-3135 If not, skip this part.

Part 4: Follow these instructions to report total household income from this month or last month.

- Box 1 Name: List all household members with income.
- Box 2 Gross Income and how often it was received: For each household member, list each type of income received for the month. Check the box to note how often the person receives the income weekly, every other week, twice a month, or monthly. For earnings, be sure to list the gross income not take-home pay. Gross income is the amount earned before taxes and other deductions and can be found on pay stubs. For other income, list the amount and check the box to note how often each person received assistance from welfare, child support, alimony, pensions, retirement, Social Security, Supplemental Security Income (SSI), Veteran's benefits (VA benefits), and disability benefits. Under All Other Income, list Worker's Compensation, unemployment or strike benefits, regular contributions from people who do not live in your household and any other income. Do not include income from SNAP, FDPIR, WIC, federal education benefits and foster payments received by the family from the placing agency. For ONLY the self-employed, report income after expenses under Earnings from Work. This is for your business, farm, or rental property. If you are in the Military Privatized Housing Initiative or receive combat pay, do not include these allowances as income.
- Part 5: Answer yes or no and sign your name if you would like the application to be checked by school officials to determine if the child(ren) qualifies for a school instructional fee waiver.
- Part 6: An adult household member must sign the form and list the last four digits of their Social Security Number (or mark the box if he or she does not have one).
- **Part 7**: We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced-price meals.

#### 2023-2024 FREE AND REDUCED-PRICE SCHOOL MEALS APPLICATION

Part 1. ALL HOUSEHOLD MEMBERS						10L 0011				_/ \_	.O 741 1 E10	· · · ·		11				
Names of <u>all</u> household members (First, Middle Initial, Last)	Name of school and grade level for each child/or indicate "NA" if child is not in school.  Check if a foster child (legal responsibility of welfare agency or court)  *If all children listed below are foster children, skip to Part 5 to sign this form.								Check if No Income									
	Grade																	
Part 2. BENEFITS: If any member of your household receives Supplemental Nutrition Assistance Program (SNAP) or Ohio Works First (OWF) benefits, provide the name and 7-digit case number for the person who receives benefits and skip to Part 5. If no one receives these benefits, skip to Part 3.  NAME:										)								
21. Part 3. If any child you are applying for is homeless, migrant, or a runaway check the appropriate box and call 10183 Co Rd 1 Chesapeake, Ohio 45619 740-867-3135 Homeless  Migrant Runaway  Part 4. TOTAL HOUSEHOLD GROSS INCOME (before deductions). List all income on the same line as the person who receives it. Check the																		
box for how often it is received. Record each				OHS	). Li	st all income	OII	uic	Sai	iie iii	ie as tile pers	011	WIIC	יסו כ	CEIV	CS II.	Check the	
1. NAME	0.00001				<b>5</b> 114	OW OFTEN	. <b>.</b>			-05	VED							
(List all household members with income)	Earnings from work before deductions	Weekly	Every 2 Weeks	Twice Monthly		Welfare, child support, alimony	Weekly	eks		Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	freq "we	Other Income (indicate uency, such a ekly" "monthly "quarterly" "annually"	as
(Example) Jane Smith	\$200	$\boxtimes$				\$150		$\boxtimes$			\$0						\$ <u>50.00/</u> quarterly	
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Part 5. SCHOOL INSTRUCTIONAL FEE WAIVER ADULT CONSENT: Your child(ren) may qualify for a waiver of their school instructional fees. Your permission is required to share your meal application information with school officials to determine if your child(ren) qualifies for a fee waiver. Answering this question will not change whether your children will receive free or reduced-price meals. Please check a box: Yes, I agree to have my meal application used to determine if my child(ren) qualifies for a fee waiver.																		
No, I do not agree to have my meal application used to determine if my child(ren) qualifies for a fee waiver.  Signature of Parent/Guardian:																		
									N/I	ET (	CICNI							
Part 6. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN)  An adult household member must sign the application. If Part 4 is completed, the adult signing the form must also list the last four digits of his or her Social Security Number, or mark the "I do not have a Social Security Number," how (Social Security Number, as the head of this page).																		
his or her Social Security Number or mark the "I do not have a Social Security Number" box. (See Privacy Act Statement on the back of this page.)  I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will receive federal funds based on the information I give. I understand that school officials may verify (check) the information. I understand that deliberate misrepresentation of the information may cause my children to lose meal benefits and I may be subject to prosecution under state and federal statutes.  Sign here: X																		
Address: Phone Number:																		
Last four digits of your Social Security Numb																		
Part 7. Children's ethnic and racial identi important and helps to make sure we are ful eligibility for free or reduced-price meals.																		
Choose one ethnicity:	Choose one	e or	more	e (re	egard	dless of ethni	icity	/):										_

·	Uichania/Latina	Indian or Alaska Native
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Do not complete this section. Intended for school use only.
Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12
Total Income: Per: Week, Every 2 Weeks, Twice per Month, Month, Year Household size:
Categorical Eligibility: Date Withdrawn: Eligibility: Free Reduced Denied Reason:
Determining/Approval Official's Signature: Date:
Confirming Official's Signature: Date:
Follow-up Official's Signature: Date:
If selected for Verification, Date Verification Notice Sent: Response Date: 2 <sup>nd</sup> Notice Sent: Results Sent:
Verification Result: No Change Free to Reduced Price Free to Paid Reduced Price to Free Reduced Price to Paid

Your children may qualify for free or reduced-price meals if your household income falls at or below the limits on this chart.

### Privacy Act Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You are not required to provide information, but if information is not provided, the state agency cannot approve your child for free or reduced-price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Ohio Works First (OWF) case number or other identifier for your child or when you

INCOME ELIGIBILITY GUIDELINES 2023-2024								
2020 2021								
Household size	Yearly	Monthly	Weekly					
1	\$26,973	\$2,248	\$519					
2	36,482	3,041	702					
3	45,991	3,833	885					
4	55,500	4,625	1,068					
5	65,009	5,418	1,251					
6	74,518	74,518 6,210 1,						
7	84,027	34,027 7,003 1,						
8	93,536	36 7,795 1,7						
Each Additional Person:	9,509	793	183					

indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced-price meals, and for administration and enforcement of the lunch and breakfast programs. We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

#### **USDA Nondiscrimination Statement**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a

written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

#### 1. **mail:**

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

- 2. **fax:** (833) 256-1665 or (202) 690-7442; or
- 3. email: program.intake@usda.gov

This institution is an equal opportunity provider.

# Ohio Department of Education Office of Nutrition National School Lunch Program

### PROTOTYPE NOTICE TO HOUSEHOLDS OF APPROVAL/DENIAL OF BENEFITS For the 2023-2024 Program Year

Please place the following information on school letterhead.

Dear Parent/Guardian:		
You applied for free or reduced-	- price meals for the following chil	ld(ren):
• •	uced-price meals for your child(re	n) nas been:
Approved for free meals	<b>i.</b>	
Approved for reduced-poschool year.	rice meals at No charge for break	fast and lunch for the 23/24
Denied for the following	reason(s):	
( ) Income over the all	lowable amount.	
( ) Incomplete applica	ition for	
( ) Other		
	cision, you may discuss it with the right to a fair hearing. This can b	
Name Doug Hale, Super	rintendent	
Address		
Phone		
have an increase in household	ave a decrease in household inco size or become eligible to receive Ohio Works First (OWF) funds, fi	Supplemental Nutrition
Sincerely,		
Name	 Title	Date

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

#### 1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. **email:** 

program.intake@usda.gov

This institution is an equal opportunity provider.

# Does your child qualify for the School Meals Program? If so, your family may qualify for free health coverage!







## Healthy Start & Healthy Families

Healthy Start offers free health care coverage for kids (birth to age 19) and pregnant women.

Healthy Families offers free health care coverage for the entire family - parents AND kids.

Healthy Start & Healthy Families Covers:

Doctor Visits Hospital Care Immunizations Substance Abuse Prescriptions Vision Services Dental Care Mental Health

And Much More!

For more information or an application, call: 1-800-324-8680 (a free call!)

TDD 1-800-292-3572

Monday - Friday 7 am to 8 pm Saturday - Sunday 12 pm to 5 pm



Your family's size and income determines if you and your family are eligible for Healthy Start or Healthy Families. Healthy Start & Healthy Families are Medicaid Programs administered by The Ohio Department of Job & Family Services.