

SEPTEMBER | 2019



Chesapeake District Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	3 Biscuit & Egg Fruit 100% Fruit Juice 1 % or Nonfat Milk	4 WG Donut WG Cereal Fruit 100% Fruit Juice 1 % or Nonfat Milk	5 Breakfast Bread Fruit 100% Fruit Juice 1 % or Nonfat Milk	6 Biscuit/ Fruit Fruit 100% Fruit Juice 1 % or Nonfat Milk
9 WG Donut WG Cereal Fruit 100% Fruit Juice 1 % or Nonfat Milk	10 Sausage & Biscuit Fruit 100% Fruit Juice 1 % or Nonfat Milk	11 WG Donut WG Cereal Fruit 100% Fruit Juice 1 % or Nonfat Milk	12 Biscuit Egg Patty Fruit 100% Fruit Juice 1 % or Nonfat Milk	13 French toast Bites Syrup Fruit 100% Fruit Juice 1 % or Nonfat Milk
16 WG Donut WG Cereal Fruit 100% Fruit Juice 1 % or Nonfat Milk	17 Biscuit & Egg Fruit 100% Fruit Juice 1 % or Nonfat Milk	18 WG Donut WG Cereal Fruit 100% Fruit Juice 1 % or Nonfat Milk	19 Breakfast Bread Fruit 100% Fruit Juice 1 % or Nonfat Milk	20 Biscuit/ Gravy Fruit 100% Fruit Juice 1 % or Nonfat Milk
23 WG Donut WG Cereal Fruit 100% Fruit Juice 1 % or Nonfat Milk	24 Sausage & Biscuit Fruit 100% Fruit Juice 1 % or Nonfat Milk	25 WG Donut WG Cereal Fruit 100% Fruit Juice 1 % or Nonfat Milk	26 Biscuit Egg Patty Fruit 100% Fruit Juice 1 % or Nonfat Milk	27 French toast Bites Syrup Fruit 100% Fruit Juice 1 % or Nonfat Milk
30 WG Donut WG Cereal Fruit 100% Fruit Juice 1 % or Nonfat Milk	1	2	3	4

News

Statement: This Institution is an equal opportunity provider
 All Grains served are Whole Grain
 All Condiments served are low fat or fat free
 Menus are subject change due to inclement weather

Student Lunch	\$2.80
Reduced School Lunch	\$.40
Staff Lunch	4.00
Staff Breakfast	\$2.00